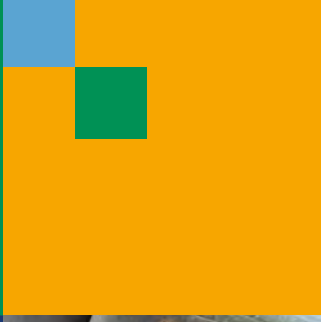


Camden Fostering Training Programme



April 2026 - March 2027

Introduction

Thank you for your continued commitment to the children and young people in our community. Fostering is one of the most meaningful and impactful roles anyone can take on, and the stability, care, and belonging you provide truly changes lives. As a service, we recognise the immense dedication this requires, and we are proud to stand alongside you with a training offer designed to support, strengthen, and empower you in your role.

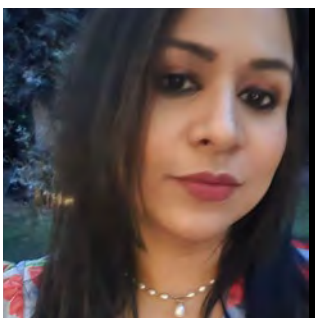
High quality training isn't simply a requirement of fostering; it is a cornerstone of excellent care. The needs of children and young people are constantly evolving, shaped by their experiences, their identities, and the world around them. Our training programme ensures you have up to date knowledge, practical tools, and reflective spaces to help you meet those needs with confidence and compassion.

Whether you are newly approved or have many years of experience, learning plays a vital role in developing your skills, deepening your understanding, and supporting your resilience. Each session in this programme is designed to help you navigate the complex and sometimes challenging aspects of fostering, understanding trauma, supporting emotional wellbeing, building positive relationships, promoting education, keeping children safe, and working effectively as part of the wider professional network.

Training also provides invaluable opportunities to connect with other foster carers. These connections strengthen the fostering community, reduce isolation, and create peer support networks that can be as important as any professional training session. Time and again, carers tell us that learning together helps them feel more confident, prepared, and supported in their role.

As a service, we are committed to continual improvement. We recognise the importance of listening to carers' experiences, learning from best practice, and adapting our training offer in response to new guidance, emerging research, and the changing needs of our fostering community. Your feedback plays an essential part in shaping this programme, and we encourage you to let us know what works well and where we can strengthen our offer.

Most importantly, this programme exists because of the children and young people at the heart of everything we do. When carers feel informed, skilled, and supported, outcomes improve, children feel safer, placements are more stable, and young people are better able to thrive. Your willingness to learn, reflect, and grow is a testament to the commitment you bring to their lives every day. Thank you for everything you do. We hope you find this year's training programme inspiring, useful, and enriching, and we look forward to continuing this journey of learning together.



Meenakshi Kumar
Interim Head of Service
Fostering, Permanence and Resources

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Welcome

Our training programme is designed to support you and your support network to develop personally and professionally. While not all courses are mandatory, we strongly encourage you to take part whenever possible.

This brochure outlines Camden's in house training offer, with course descriptions to help you choose the training that best meets your needs. Training is delivered through a mix of face-to-face sessions, virtual sessions, and self-directed online learning to ensure access for as many carers as possible.

Training Opportunities

In addition to Camden's in-house programme, you have access to a wide range of learning opportunities, including:

- Self-directed online training via Knowledge Change and Action (KCA)
- External training providers
- Camden Safeguarding Children's Partnership (CSCP)
- North London Consortium
- Camden Council Virtual School
- Expert Independent Trainers
- The Fostering Network

Webinars, videos, and recommended books and resources are also available and may count towards your learning and development.

Planning Your Training

Please discuss your training needs with your Supervising Social Worker (SSW), who will support you to identify appropriate learning opportunities.

For foster carers, your Personal Development Plan records your learning and development needs. Any recommendations from your fostering assessment, annual review, or PDP should be prioritised when selecting training.

If you are unsure which course to book, please contact fctraining@camden.gov.uk for advice.

Booking and Communication

- All courses are open to foster carers, kinship carers and members of their support networks.
- Weekly newsletters include reminders

of upcoming training and booking opportunities.

- Please read training registration emails carefully, as dates, times, and venues may change from those originally published in this brochure.

Attendance and Cancellations

Once you receive an email confirming your place on a course, you are expected to attend.

We understand that exceptional circumstances may arise. If you are unable to attend, please notify us as soon as possible by emailing fctraining@camden.gov.uk, copying in your SSW.

Full attendance is required to be recorded as having attended the course. On successful completion, you will receive a certificate.

Training Programme 2026–2027

Camden's In-House Training (Face-to-Face and Virtual)

Camden provides an annual programme of training for foster carers and their backup carers or support networks. Training is delivered through:

- Face-to-face sessions
- Virtual sessions via MS Teams or Zoom
- Self-directed online learning via KCA

This blended approach helps ensure training is accessible and flexible.

Kinship carers and Special Guardians are warmly encouraged to attend and engage in training.

Virtual training protocol

(MS Teams and Zoom)

For virtual sessions, joining links will be emailed to registered attendees only shortly before the session. These links **must not be shared**.

To ensure a safe, respectful, and effective learning environment, please follow the protocol below:

- Join on time. If you are more than 15 minutes late, you will not be recorded as present.
- Choose a private, quiet space. Sensitive information may be discussed; virtual sessions should be treated as confidential spaces.
- Test your technology in advance. Check your camera and audio before joining.
- Keep your camera on throughout the session. This is a shared group process, and full participation is required. If your camera is not on, you will not be recorded as present.
- Mute your microphone unless you are speaking or contributing.
- Be respectful. Listen to others and allow everyone the opportunity to contribute.
- Maintain confidentiality at all times.

We look forward to supporting your learning and development throughout the year.

Practical Information

Refreshments

Tea and coffee will be provided at all face-to-face training sessions. Lunch will be provided at some sessions; where this applies, it will be clearly stated in the course information.

Feedback

We value your feedback and use it to continuously improve our training offer. Please take a few minutes to complete the feedback following each session.

Keeping Up to Date

You can find details of upcoming training in the weekly newsletter or by visiting the Carers' Zone on the fostering website:

fostering.camden.gov.uk/camden-carers-zone/upcoming-training

How to Sign Up for Training

Training is booked on a self-sign-up basis via the Camden Learning Portal. Use the link provided in the training catalogue to select and register for your chosen sessions.

If you wish to take part in training sessions please speak with your supervising social worker, who will be happy to support you.

Camden Learning Portal: camden.learningpool.com/login/index.php

Support to Attend Training

If your usual support network is unavailable, foster carers and Special Guardians should speak with their SSW, who may be able to help facilitate attendance.

If there are any barriers to attending training such as childcare or caring responsibilities, please discuss these with your SSW in advance so that appropriate support can be considered.

Kinship support groups

To make the support more accessible and community-focused, the Service runs monthly workshops across the Borough using the resource of Camden's five Family Hubs. These sessions provide a space for kinship carers to meet, share experiences, and access tailored postorder support.

The monthly workshops rotate across the following Family Hubs:

- 1a Children's Centre and Family Hub
- Regent's Park Children's Centre and Family Hub
- Agar Children's Centre and Family Hub
- Harmond Children's Centre and Family Hub
- Kilburn Grange Children's Centre and Family Hub

The group is delivered through a combination of workshops focusing on themes relevant to taking on the role of Kinship carers. The target audience includes family or friends who take on the responsibility of caring for children and young people under a Special Guardianship Order, Child Arrangement Order, Kinship Foster Care, informal arrangements, or private SGOs. The Sessions will also feature guest speakers from services that specialise in supporting Kinship carers, enhancing the learning and support opportunities available.

Workshops will run on the **second Thursday of each month**. Confirmed dates (excluding August 2026) are:

- 9 April 2026
- 14 May 2026
- 11 June 2026
- 9 July 2026
- (No session in August 2026)
- 10 September 2026
- 8 October 2026
- 12 November 2026
- 10 December 2026
- 14 January 2027
- 11 February 2027
- 11 March 2027

Further details, including Family Hub locations for each month and information on guest speakers will be available via the Kinship website.

Foster carer coffee mornings (foster carer support groups)

Every second Tuesday of the month 10:30am – 1pm

Our Foster Carer Coffee Mornings are relaxed, friendly support groups designed especially for foster carers. They take place every second Tuesday of the month and offer a welcoming space to pause, connect and share experiences with others who truly understand fostering life.

These sessions are informal and supportive, giving carers the chance to talk openly, ask questions, and learn from one another in a safe and understanding environment. Whether you are new to fostering or have many years of experience, you will be warmly welcomed.

Why attend a coffee morning?

- **Connect with other foster carers**
Meet carers at different stages of their fostering journey and build supportive relationships with people who understand the rewards and challenges of fostering.
- **Share experiences and learn together**
Exchange ideas, practical tips and reassurance in a space where lived experience is valued and respected.
- **Feel supported and less isolated**
Fostering can sometimes feel lonely. Coffee mornings offer a regular opportunity to check in, feel heard and reminded that you are not alone.

- **Support your wellbeing**

Taking time out to connect with others can help boost confidence, resilience and emotional wellbeing.

You can attend as often as you like – whether every month or just when it suits you.

Coffee morning dates April 2026 – March 2027

All sessions run from **10:30am to 12:00pm**.

- Tuesday 14 April 2026
- Tuesday 12 May 2026
- Tuesday 9 June 2026
- Tuesday 14 July 2026
- Tuesday 11 August 2026
- Tuesday 8 September 2026
- Tuesday 13 October 2026
- Tuesday 10 November 2026
- Tuesday 8 December 2026
- Tuesday 12 January 2027
- Tuesday 9 February 2027
- Tuesday 9 March 2027

Pre-approval training (Skills to Foster)

Skills to Foster Training is for pre-approved and temporarily approved foster carers

Skills to Foster is a core preparation course designed to support prospective foster carers and kinship carers. It provides a clear and realistic understanding of the foster carer role, what to expect, and how to prepare for the responsibilities and rewards of fostering.

The course is delivered as a **shared resource with the North London Consortium**, bringing together carers from across North London to learn, reflect and share experiences. As a shared programme, **one Skills to Foster course runs each month**, giving carers regular opportunities to attend.

Skills to Foster consists of six sessions delivered over three days and aims to prepare carers for the different stages of their fostering journey, from welcoming a child into their home to working confidently as part of a wider professional network.

What the course covers

Session 1: What foster carers do

- To consider the role and responsibilities of foster carers
- To explain why children come into foster care
- To explore how children's development may be affected by their previous experiences

Session 2: Identity and life chances

- To understand the concept of identity
- To explore how experiences, culture and background shape identity
- To understand the foster carer's role in helping children develop a positive sense of identity and belonging

Session 3: Working together

- To consider how foster carers work as part of the team around the child
- To outline the legal and planning framework for children in foster care
- To consider contact arrangements for children
- To introduce the concept of confidentiality

Session 4: Understanding children's behaviour

- To explore why children in foster care may display challenging behaviour
- To consider how past experiences and trauma can affect behaviour
- To identify positive, supportive responses to behaviour

Session 5: Caring for children safely

- To consider how to keep children safe and promote their wellbeing
- To understand safer caring and managing risk in everyday situations
- To reflect on the impact of fostering on the whole household

Session 6: Moving forward as a foster carer

- To reflect on learning from the course
- To consider next steps in the fostering journey
- To build confidence and readiness for fostering

Skills to Foster is an essential foundation for fostering, offering carers the opportunity to build knowledge, confidence and connections with others starting their fostering journey.

Post Approval Training (Induction)

Fostering Induction Group Programme (Newly approved carers)

We offer a structured induction programme for newly approved foster carers, designed to support you from the very start of your fostering journey. The programme runs on a rolling cycle, allowing carers to join at any point throughout the year, rather than waiting for a fixed start date. This flexible approach means you can access learning and support when you need it most.

The induction programme provides a dedicated space for newly approved foster carers to come together, build relationships, and feel part of a supportive community. It offers opportunities to connect with others who are at a similar stage, share experiences, ask questions, and develop confidence in your role, while being guided by experienced professionals.

Each month focuses on a specific topic that is particularly relevant to carers in the early stages of fostering. These sessions are designed to build knowledge, practical skills, and understanding, helping you feel well-prepared to meet the needs of the children and young people in your care. Over time, the programme supports your learning in a gradual, manageable way, while strengthening peer support networks that can continue beyond the sessions themselves.

Venue: Crowndale / Time: 10:30am-12:30pm

23 April 2026

Finance, Foster Carer Profiles, Contact & Working with Birth Families

28th May 2026

Placement Preparation, Children's profiles and Match with you

25 June 2026

TSDS & Logs

23 July 2026

Safer Caring, Working with CLA, CIN & Professional Networks

27 August 2026

Finance, Foster Carer Profiles, Contact & Working with Birth Families

24 September 2026

Placement Preparation, Children's profiles and Match with you

22 October 2026

TSDS & Logs

26 November 2026

Safer Caring, Working with CLA, CIN & Professional Networks

28 January 2027

Finance, Foster Carer Profiles, Contact & Working with Birth Families

25 February 2027

Placement Preparation, Children's profiles and Match with you

25 March 2027

TSDS & Logs

Online training

E-Learning training

We welcome the reintroduction of e-learning as an additional learning resource to support and enhance foster carers' development. Online training is primarily offered to carers who have complex placement commitments, work full time, or live outside of Camden and at a distance.

E-learning is also available to carers who have identified specific learning needs within their practice where suitable group training has not been available. These courses complement face-to-face training and support carers to evidence their ongoing learning and development.

Child Development & Identity	Safeguarding & Risk	Trauma, Behaviour & Emotional Wellbeing
Adolescence	Assessing and managing risk	Understanding trauma
Child development	Child protection	Attachment and brain development
Brain development and positive parenting	Safer caring	Emotional coaching
Building resilience	Children's rights	Impulsive behaviour
Behaviour and the physical environment	Confidentiality and record keeping	Self-harming behaviours
The role of the foster carer	Multidisciplinary working	Sexualised behaviour
Professional development	Contact in foster care	Secondary trauma
Transitions and vulnerability	Domestic violence, Equality and diversity	Narrative work, Parental mental health issues

KCA E-Learning

Our team of experienced practitioners transforms evidence-based research into practical, high-quality learning tailored to your role. Our e-learning courses are designed to enhance knowledge and strengthen practice, supporting you and those you work with to achieve more positive outcomes and more good days.

The online courses are designed to develop knowledge, skills and reflective practice without removing learners from their workplace. Instead, participants are encouraged to explore their own working environments and relationships as part of an ongoing learning journey.

Learning activities and exercises invite participants to pause and reflect, apply learning directly to practice, and record their insights in an online learning journal. The journal can be shared with a designated learning mentor, providing a space for reflective discussion and professional dialogue.

Although the learning is guided online and informed by expert input, participants learn alongside their managers, colleagues and service users, promoting meaningful work-based learning, practical application and shared professional development.

Foster Care Fortnight 2026 – This is Fostering

Foster Care Fortnight is the UK's biggest awareness raising campaign for fostering. In 2026 it runs from Monday 11 May to Sunday 24 May and the theme is "This is Fostering" celebrating and amplifying the real stories that make up the fostering community.

This year's theme brings together three key messages:

- Shining a light on everyday fostering, recognising the positive difference foster

carers make to children and young people's lives.

- Acknowledging the pressures carers face, including financial challenges, inconsistent support and feeling excluded from decision-making.
- A call to action, creating a collective voice for foster carers, kinship carers and the wider fostering community to call for meaningful change.

Get involved

We encourage all foster carers to take part and help bring "This is Fostering" to life. You can get involved by:

- Sharing your fostering story or reflections on social media using the national campaign hashtag.
- Taking part in local events, coffee mornings or online sessions during the fortnight.
- Helping us celebrate fostering by contributing photos, quotes or messages for Camden's campaign activity.
- Talking to friends, family or your community about fostering and encouraging others to find out more.

Together, we can celebrate fostering, raise awareness of the realities carers face, and strengthen our collective voice for change.

Kinship Care Week 2026

Kinship Care Week 2026 takes place from 5–11 October 2026 and is a national week dedicated to recognising and celebrating kinship carers, family members and friends who step in to care for children when they cannot live with their parents.

The week highlights the vital role kinship carers play in keeping children connected to their families, identities and communities, while also raising awareness of the unique challenges kinship families can face and the importance of appropriate support.

Additional training and support

Camden Safeguarding Children's Partnership (CSCP)

The Children and Social Work Act 2017 replaced Local Safeguarding Children Boards with new arrangements that place a shared and equal duty on the Local Authority, the police and the Clinical Commissioning Group to safeguard and promote the welfare of children. The Camden Safeguarding Children's Partnership (CSCP) provides some learning opportunities to foster carers, kinship carers, private foster carers and special guardians with Camden Council. To access their training, carers need to register with them via their website. Their training sessions and events can be found here: cscp.org.uk

Camden Council Virtual School

Camden Council Virtual School is a portal for children and young people who are in our care, parents, carers, stakeholders, and other professionals working with our children and young people. It is a place to access information, advice and guidance on education supports, share best practice and gain a complete picture of the multi-agency work which goes on in support of our children in care. The Camden Council Virtual School provides ad hoc training for foster carers, kinship carers, private foster carers and special guardians throughout the year and these can be accessed at www.virtualschoolgreenwich.org.uk/training/

training

Special educational needs and disabilities (SEND)

Someone has special educational needs if they have a learning difficulty or disability which means they need support to access their education. Someone is disabled if they have a physical or mental difficulty which has a significant and long-term impact on their daily life, including long-term illnesses.

families.camden.gov.uk/send-local-offer/support-for-parents-carers/events-for-parents-and-carers

Foster Talk

Fostertalk is an independent support organisation dedicated to improving the wellbeing of foster carers and their families. They provide foster carers with access to advice, resources, discounts and wellbeing support, helping carers feel informed, valued and connected. Fostertalk also offer a range of learning opportunities and resources that carers can access directly. Further information can be found at: fostertalk.org

The Fostering Network

The Fostering Network is the UK's leading fostering charity and membership organisation, bringing together everyone who is involved in the lives of fostered children to make foster care the very best it can be. The Fostering Network have supported foster carers and services with training for many years. They provide some free courses which can be viewed here: thefosteringnetwork.org.uk/training-and-events.

In addition to training for foster carers that is identified, you will also find training that is specifically tailored or related to specialist carers, carers providing kinship care or special guardianship

Through this training programme we aim to support our foster carers, kinship carers, private foster carers, special guardians, and members of their support network gain and develop the knowledge and skills they need to carry out their duties. The brochure sets out the variety of learning and development opportunities available throughout this financial year. We constantly review and update the training programme to include recent changes in national statutory guidance, messages from research, lessons from national and local safeguarding peer reviews, as well as your views and feedback.

We hope that you will find the courses on offer to be stimulating, rewarding and valuable as you care for children and young people. The programme may expand or evolve throughout the year as needs arise so, please monitor your e mails, newsletters and the foster carer and kinship web pages for more information on any changes.

If you have any questions or need further information on anything in this training brochure, please contact fctraining@camden.gov.uk

Training, Support and Development Standards (TSDS)

Camden is committed to ensuring that all foster carers receive high-quality training, clear information and ongoing support. A key part of this commitment is supporting carers to complete the **Training, Support and Development Standards (TSDS)**.

All newly approved foster carers are expected to achieve the TSDS within **12–18 months of approval**, depending on their type of fostering role. The standards provide a structured framework to help carers develop the knowledge, skills and confidence needed to care safely and effectively for children and young people.

TSDS for Foster Carers

(to be completed within 12 months of approval)

- **Standard 1:** Understand the principles and values essential for fostering children and young people
- **Standard 2:** Understand your role as a foster carer
- **Standard 3:** Understand health and safety, and health care
- **Standard 4:** Know how to communicate effectively
- **Standard 5:** Understand the development of children and young people
- **Standard 6:** Keep children and young people safe from harm
- **Standard 7:** Develop yourself

TSDS for Family & Friends Carers

(to be completed within 18 months of approval)

- **Standard 1:** Understand your role as a Family & Friends carer
- **Standard 2:** Know how to provide a safe environment and health care
- **Standard 3:** Know how to communicate effectively
- **Standard 4:** Understand the development of children and young people
- **Standard 5:** Keep children and young people safe from harm
- **Standard 6:** Develop yourself

Support to Achieve the TSDS

You will be supported throughout your TSDS journey by your Supervising Social Worker or an allocated mentor. They will work with you to identify your learning and development needs and support your progress through the standards as part of your annual review.

Core training in Camden

All Camden foster carers are required to complete mandatory core training to ensure they have the knowledge, skills and confidence to care safely and effectively for children and young people. These courses provide a shared foundation for practice and support carers to meet statutory requirements while promoting the wellbeing, safety and development of children in foster care.

Core training is designed to be practical, reflective and relevant to everyday fostering, and supports carers at all stages of their fostering journey.

Mandatory Core Training Courses

Child Protection

This course supports foster carers to understand their safeguarding responsibilities and how to recognise and respond to concerns.

- Understanding safeguarding and child protection
- Recognising signs of abuse and neglect
- Knowing what to do if you are worried about a child
- Understanding roles, responsibilities and reporting procedures

Recording and Sharing Information

Accurate recording and appropriate information sharing are essential parts of the foster carer role.

- Why recording is important
- What information to record and how to record it
- Sharing information safely and appropriately
- Understanding confidentiality and data protection

Paediatric First Aid

This practical course equips carers with the skills and confidence to respond to medical emergencies involving children.

- Basic life support for babies and children
- Managing injuries and common childhood illnesses
- Responding to emergencies safely and effectively
- Understanding when and how to seek medical help

Child Sexual Exploitation (CSE)

This training helps carers understand child sexual exploitation and how to protect children and young people.

- Understanding what CSE is and how it happens
- Recognising signs and indicators of exploitation
- Understanding risk and vulnerability
- Supporting children and working with professionals

Managing Challenging Behaviour

This course explores why children in care may display challenging behaviour and how carers can respond in a supportive way.

- Understanding behaviour as communication
- The impact of trauma and past experiences
- Positive behaviour support strategies
- Deescalation and managing difficult situations safely

Attachment and Relationship-Based Training

- Strong, secure relationships are central to fostering.
- Understanding attachment and its impact on children
- How early experiences affect relationships
- Building trust, safety and emotional security
- Supporting children through relationship-based care

Completion of core training helps ensure Camden foster carers feel prepared, supported and confident in their role, while promoting safe, nurturing and stable placements for children and young people.

Training Schedule

April 2026 - March 2027

Venue: **Crowndale Centre, 218 - 220 Eversholt Street, NW1 18D**

Nearest train stations: **Mornington Crescent, Euston**

Online Training email **AETHub@camden.gov.uk**

Course Title	Trainer	Date	Time	Venue
April 2026				
Emergency First Aid	Juan Rangel	7 & 8	10am - 1:30pm	Onsite
Foster Carer Training – Participation	Rob O’Grady	8	10 - 11:30am	Onsite
Attachment and Brain Development	KCA	14	10am - 2pm	Onsite
Wellbeing Session	Meenakshi Kumar	21	10am - 2pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) – Finance, Foster Carer Profiles, Contact & Working with Birth Families	Recruitment Team	23	10:30am - 12:30pm	Onsite
Getting Ready for School & Attendance and emotionally based school avoidance	Leonie Holt and Sam Denham	27	10am - 12pm	Onsite
May 2026				
The Attachment and Relationship-based Practice Training	David Shemmings	8	10am - 2pm	Onsite
Understanding Substance Misuse	Alice Lee	14	10:30am - 1pm	Onsite
Food, Cookery & Identity	Replenish Culture	15	10am - 2pm	Onsite
Emotion Coaching (Managing challenging behaviour)	KCA	19	10am - 2pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) - Placement Preparation, Children’s profiles and Match with you	Recruitment Team	28	10:30am - 12:30pm	Onsite

Course Title	Trainer	Date	Time	Venue
June 2026				
Oral Health Promotion	Nicola Ramnarine	5	10am - 12pm	Online
Reversing the harm-responding to children who may have been sexually abused	KCA	9	10am- 2pm	Onsite
Paediatric First Aid	Juan Rangel	16 & 17	10am- 1:30pm	Onsite
Emotional Significance of Food (11 spaces)	Jonathan Epps	23	9:45am - 2pm	Zoom
Fostering Induction Group Programme (Newly Approved carers) - TSDS & Logs	Recruitment Team	25	10:30am - 12:30pm	Onsite
July 2026				
Trauma - Mending Hurts	KCA	1	10am - 2pm	Onsite
Secondary Traumatic Stress – Mindfulness and Other Strategies for Looking After Yourself (11 spaces)	Jonathan Epps	8	9:45am - 2pm	Zoom
Family Led Decision Making	Rob O’Grady	8	11am - 12:30pm	Onsite
How to be a better corporate parent to our Black and Mixed Heritage Children	Replenish Culture	10	10am - 2:30pm	Onsite
Safer Care and Managing Allegations (2 days)	Sandra Witter	20 & 21	10am - 2pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) - Safer Caring, Working with CLA, CIN & Professional Networks	Recruitment Team	23	10:30am - 12:30pm	Onsite
August 2026				
Fostering Induction Group Programme (Newly Approved carers) - Finance, Foster Carer Profiles, Contact & Working with Birth Families	Recruitment Team	27	10:30am - 12:30pm	Onsite

Course Title	Trainer	Date	Time	Venue
September 2026				
Paediatric First Aid	Juan Rangel	1 & 2	10am - 1:30pm	Onsite
Emergency First Aid	Juan Rangel	3 & 4	10am - 1:30pm	Onsite
Foster Carer Training - Participation	Rob O'Grady	8	10 - 11:30am	Online
Promoting positive mental health in foster children and young people	Growing with You	8	10am - 2pm	Onsite
Parent and child fostering	Paul Adams	15	10am - 2pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) – Placement Preparation, Children's profiles and Match with you	Recruitment Team	24	10:30am - 12:30pm	Onsite
Introduction to the Virtual School	Matthew Blood	24	10am - 12pm	Onsite
October 2026				
County Lines & CSE	Ricky Joshua	6	10am - 1pm	Onsite
Making Sense of Autism	Autism Education Trust	15	7 - 9pm	Online
The Attachment and Relationship-based Practice Training	David Shemmings	19	10am - 2pm	Onsite
Child Protection – The safeguarding role of foster carers (11 spaces)	Jonathan Epps	21	9:45am - 2pm	Online
Fostering Induction Group Programme (Newly Approved carers) – TSDS & Logs	Recruitment Team	22	10:3am - 12:30pm	Onsite
Getting Ready for School & Attendance and emotionally based school avoidance	Leonie Holt and Sam Denham	26	10am - 12pm	Onsite

Course Title	Trainer	Date	Time	Venue
November 2026				
Play In the Early Years – Autism	Autism Education Trust	5	7 - 9pm	Online
Understanding Substance Misuse	Alice Lee	5	10:30am - 1pm	Onsite
Recording and Sharing information	Fostering	10	10am - 12:30pm	Onsite
Emotion Coaching (Managing challenging behaviour)	KCA	12	10am - 2pm	Onsite
Food, Cookery & Identity	Replenish Culture	20	10am - 2pm	Onsite
Safeguarding & LADO	Jacqui Fearon & Adriana Ferdean	24	10am - 1pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) – Safer Caring, Working with CLA, CIN & Professional Networks	Recruitment Team	26	10:30am - 12:30pm	Onsite
December 2026				
Oral Health Promotion	Nicola Ramnarine	1	10am - 12pm	Online
Paediatric First Aid	Juan Rangel	1 & 2	10am - 1:30pm	Onsite
Autism and Anxiety	Autism Education Trust	3	7 - 9pm	Online
Family Led Decision Making	Rob O’Grady	8	2 - 3:30pm	Online
January 2027				
Understanding the secure base	Fostering Team	11	10am - 12pm	Onsite
Safer Care and Managing Allegations (2 Days)	Sandra Witter	18 & 19	10am - 2pm	Onsite
Providing placement stability	Fostering Team	25	10am - 12pm	Onsite
How to be a better corporate parent to our Black and Mixed Heritage Children	Replenish Culture	15	10am - 2:30pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) – Finance, Foster Carer Profiles, Contact & Working with Birth Families	Recruitment Team	28	10:30am - 12:30pm	Onsite

Course Title	Trainer	Date	Time	Venue
February 2027				
Making Sense of Autism	Autism Education Trust	4	12am - 2pm	Online
Play In the Early Years – Autism	Autism Education Trust	5	12am - 2pm	Online
Supporting children to move on	Fostering Team	9	10am - 12pm	Onsite
Understanding delegated authority	Fostering Team	23	10am - 12pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) – Placement Preparation, Children’s profiles and Match with you	Recruitment Team	25	10:30am - 12:30pm	Onsite
March 2027				
Autism and Anxiety	Autism Education Trust	3	12am - 2pm	Online
The Attachment and Relationship-based Practice Training	David Shemmings	11	10am - 2pm	Onsite
Promoting positive mental health in foster children and young people	Growing with You	15	10am - 2pm	Onsite
Fostering Induction Group Programme (Newly Approved carers) – TSDS & Logs	Recruitment Team	25	10:30am - 12:30pm	Onsite

Emergency First Aid (2 days) Trainer: Juan Rangel

Date: 7 - 8 April

Time: 10am - 1:30pm

Venue: Crowndale

Duration: 2 days

Overview of training

This two-day Emergency First Aid course equips foster carers with the essential knowledge, skills and confidence to respond effectively to medical emergencies involving children and young people. The training focuses on recognising life-threatening conditions, providing immediate first aid intervention, and maintaining children's safety and wellbeing until professional medical help is available.

The course supports foster carers to meet their responsibilities for safeguarding, promoting health, and maintaining safe caring environments, and contributes evidence towards both the Training, Support and Development Standards (TSDS) and the National Minimum Standards (NMS) for fostering services.

Learning outcomes

- An understanding of their role and responsibilities when responding to medical emergencies involving children and young people.
- The ability to assess emergency situations and take appropriate, proportionate action.
- Practical skills to deliver emergency first aid safely and confidently.
- Increased awareness of health, safety and safeguarding responsibilities within a fostering household.
- Confidence to promote children's health and wellbeing in line with fostering standards and expectations.

By the end of the course participants will have:

- Demonstrated knowledge of emergency first aid procedures, including managing unconsciousness, breathing difficulties, bleeding, shock and seizures.
- Developed practical competence in delivering emergency first aid appropriate to children and young people.
- Improved understanding of how emergency first aid supports safeguarding and risk management.
- Evidence to contribute towards completion of relevant TSDS outcomes and National Minimum Standards requirements.

Training, Support and Development Standards (TSDS)

- Standard 3 – Understand health and safety, and healthy care
- Standard 6 – Keep children and young people safe from harm

National Minimum Standards (NMS)

- Standard 6 – Promoting good health and wellbeing

Standard 20 – Learning and development of foster carers

Foster Carer Training – Participation

Trainer: Rob O'Grady

Date: 8 April

Time: 10 - 11:30am

Venue: Crowndale

Duration: 1.5 hours

Overview of training

This course focuses on the importance of participation for children and young people in foster care. It explores what meaningful participation looks like in practice and how foster carers can actively support children and young people to have their voices heard in decisions that affect their lives. The training considers participation in everyday care, planning, reviews, and wider opportunities, linking theory to practical, foster-care-specific examples.

Learning outcomes

The training will support foster carers to understand participation as a core principle of good fostering practice and to develop confidence in promoting and enabling children and young people's involvement in decisions.

By the end of the course participants will have:

- An understanding of what participation means for children and young people in foster care
- Increased awareness of children's rights to be heard and involved in decision-making
- Practical ideas and approaches to support participation in day-to-day fostering
- Greater confidence in listening to, valuing and acting on children and young people's views
- An understanding of barriers to participation and how these can be addressed

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering children and young people
- Standard 2: Understand your role as a foster carer
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 1: The child's wishes and feelings are listened to and taken into account
- NMS 4: Children are encouraged and supported to participate in decisions about their lives
- NMS 15: Foster carers understand their role and responsibilities and are supported through training

Attachment and Brain Development / Trainer: KCA

Date: 14 April
Time: 10am - 2pm
Venue: Crowndale
Duration: 4 hours

Overview of training

This training explores attachment theory and early brain development, with a focus on how experiences of trauma, neglect and disrupted attachments can impact children and young people in foster care. It provides foster carers with an understanding of how the developing brain responds to stress, relationships and safety, and how this can influence behaviour, emotional regulation and learning. The course links theory to practical fostering approaches, supporting carers to respond in a therapeutic, trauma-informed way.

Learning outcomes

The training will help foster carers deepen their understanding of attachment and brain development and strengthen their ability to provide sensitive, nurturing care that supports children's emotional and developmental needs.

By the end of the course participants will have:

- An understanding of attachment theory and its relevance to fostering
- Increased knowledge of early brain development and the impact of trauma and adversity
- Insight into how attachment experiences can influence behaviour, emotions and relationships
- Greater confidence in responding to children's needs using trauma-informed and attachment-aware approaches
- Practical strategies to support emotional regulation, safety and positive relationship building

Training, Support and Development Standards (TSDS)

This course supports foster carers to meet the following TSDS areas:

- Standard 1: Understand the principles and values essential for fostering children and young people
- Standard 2: Understand your role as a foster carer
- Standard 3: Understand health and safety, and healthy care
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

This course links to the following National Minimum Standards:

- NMS 4: Children's needs are met through nurturing, stable and secure relationships
- NMS 8: Children's emotional and mental health needs are promoted and supported
- NMS 10: Foster carers are supported to understand and respond to children's behaviour
- NMS 15: Foster carers receive effective training and professional development

Fostering Induction Group Programme (Newly Approved Carers) – Finance, Foster Carer Profiles, Contact & Working with Birth Families / Trainer:

Recruitment Team

Date: 23 April

Time: 10:30am – 12:30pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This session forms part of the Fostering Induction Group Programme for newly approved foster carers. It provides an introduction to key practical and relational aspects of the fostering role, including foster carer finances, the purpose and use of foster carer profiles, supporting contact arrangements, and working positively with birth families. The training supports carers to understand expectations, responsibilities and good practice, while promoting a child-centred and partnership-based approach.

Learning outcomes

The training will support newly approved foster carers to develop a clear understanding of essential fostering processes and their role in supporting children's relationships, identity and stability.

By the end of the course participants will have:

- An understanding of foster carer payments, allowances and basic financial processes
- Increased clarity about foster carer profiles and their purpose in matching and placement planning
- An understanding of the importance of contact for children and young people
- Greater confidence in supporting and promoting safe, positive contact arrangements
- Insight into working respectfully and constructively with birth families in the best interests of the child

Training, Support and Development Standards (TSDS)

This course supports foster carers to meet the following TSDS areas:

- Standard 1: Understand the principles and values essential for fostering children and young people
- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

This course links to the following National Minimum Standards:

- NMS 9: Children are supported to maintain relationships with birth family and significant others
- NMS 14: Foster carers understand their financial arrangements and responsibilities

- NMS 15: Foster carers are prepared, trained and supported to carry out their role effectively

Getting Ready for School, Attendance and Emotionally Based School Avoidance / Trainers: Leonie Holt and Sam

Denham

Date: 27 April

Time: 10am - 12pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This training explores the importance of school readiness, regular attendance and emotional wellbeing for children and young people in foster care. It focuses on understanding emotionally based school avoidance (EBSA), the factors that can contribute to it, and the impact of trauma, loss and change on a child's ability to attend and engage with education. Foster carers will be supported to identify early signs of difficulty and to develop practical strategies to promote positive school routines, emotional regulation and collaborative working with schools and professionals.

Learning outcomes

The training will help foster carers to build their understanding of school attendance challenges and strengthen their role in supporting children and young people to feel safe, supported and ready to learn.

By the end of the course participants will have:

- An understanding of school readiness and why attendance is particularly important for children in care
- Increased awareness of emotionally based school avoidance (EBSA) and how it may present
- Insight into how trauma, anxiety and attachment difficulties can affect school attendance
- Practical strategies to support children and young people with routines, transitions and emotional regulation
- Greater confidence in working alongside schools, virtual schools and professionals to support attendance

Training, Support and Development Standards (TSDS)

This course supports foster carers to meet the following TSDS areas:

- Standard 1: Understand the principles and values essential for fostering children and young people
- Standard 2: Understand your role as a foster carer
- Standard 4: Understand the development of children and young people
- Standard 5: Understand how to support children and young people to achieve educationally
- Standard 7: Develop yourself

National Minimum Standards (NMS)

This course links to the following National Minimum Standards:

- NMS 7: Children are supported to achieve their educational potential
- NMS 8: Children's emotional and mental health needs are promoted and supported
- NMS 10: Foster carers work in partnership with schools and other professionals
- NMS 15: Foster carers are supported through training and development

The Attachment and Relationship-based Practice Training / Trainer: David Shemmings

Date: 8 May

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training explores attachment theory and relationship-based practice within fostering. It focuses on how early experiences, trauma and disrupted attachments affect children and young people's behaviour, relationships and emotional wellbeing. Foster carers are supported to understand the importance of safe, consistent relationships and to apply relationship-based approaches in everyday fostering practice.

Learning outcomes

The training will support foster carers to strengthen their understanding of attachment-informed, relationship-based care.

By the end of the course participants will have:

- A clear understanding of attachment theory and relationship-based practice
- Insight into how early experiences influence behaviour and emotional development
- Increased confidence in responding to children's needs through nurturing relationships
- Practical strategies to promote safety, trust and emotional regulation
- An understanding of the foster carer's role as a key relational figure

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 2: Understand your role as a foster carer
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 4: Children experience nurturing, stable and secure relationships
- NMS 8: Children's emotional and mental health needs are promoted
- NMS 15: Foster carers receive effective training and development

Understanding Substance Misuse / Trainer: Alice Lee

Date: 14 May

Time: 10:30am - 1pm

Venue: Crowndale

Duration: 2.5 hours

Overview of training

This training provides foster carers with an overview of substance misuse and its impact on children, young people and families. It explores different substances, patterns of use, and how substance misuse can affect parenting capacity, attachment, behaviour and emotional wellbeing. The course supports carers to respond with understanding, boundaries and appropriate support.

Learning outcomes

The training will build foster carers' confidence and knowledge in understanding substance misuse and its impact on children in care.

By the end of the course participants will have:

- An understanding of different types of substance misuse
- Insight into the impact of substance misuse on children and families
- Awareness of risk factors and safeguarding considerations
- Increased confidence in responding to substance-related behaviours
- Knowledge of support pathways and professional roles

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 11: Children are protected from harm and unsafe situations
- NMS 15: Foster carers are trained and supported to fulfil their role

Food, Cookery & Identity / Trainer: Replenish Culture**Date:** 15 May**Time:** 10am - 2pm**Venue:** Crowndale**Duration:** 4 hours**Overview of training**

This interactive training explores the connection between food, culture, identity and belonging. It highlights the importance of food in supporting children and young people's sense of self, heritage and emotional wellbeing. Foster carers will consider how cooking and shared meals can promote connection, routine and cultural respect within foster families.

Learning outcomes

The training will support foster carers to use food and cookery as a meaningful tool to promote identity, belonging and wellbeing.

By the end of the course participants will have:

- An understanding of the link between food, culture and identity
- Increased awareness of the importance of cultural and dietary needs
- Practical ideas for using food to build relationships and routines
- Confidence in supporting children's identity through everyday care
- Insight into inclusive and culturally respectful fostering practice

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 3: Understand health and healthy care
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 2: Children enjoy positive identity, self-esteem and belonging
- NMS 3: Children's health and wellbeing needs are met
- NMS 15: Foster carers are supported through training and development

Emotion Coaching (Managing Challenging Behaviour)

/ Trainer: KCA

Date: 19 May

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training introduces emotion coaching as an evidence based approach to supporting children and young people who display challenging behaviour. It focuses on understanding the emotional drivers behind behaviour and supporting carers to respond in ways that promote regulation, resilience and learning, rather than punishment.

Learning outcomes

The training will support foster carers to respond to challenging behaviour with confidence, empathy and consistency.

By the end of the course participants will have:

- An understanding of emotion coaching and its principles
- Insight into the emotional needs underlying challenging behaviour
- Practical strategies to support emotional regulation and behaviour
- Increased confidence in responding calmly and consistently
- Tools to strengthen relationships and reduce conflict

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand the development of children and young people
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 4: Children experience positive relationships and care
- NMS 8: Emotional and mental health needs are supported
- NMS 15: Foster carers receive appropriate training and support

Fostering Induction Group Programme (Newly Approved Carers) – Placement Preparation, Children’s Profiles and Match With You / Trainer: Recruitment Team

Date: 28 May
Time: 10:30am - 12:30pm
Venue: Crowndale
Duration: 2 hours

Overview of training

This session forms part of the Fostering Induction Group Programme for newly approved carers. It focuses on preparing for placements, understanding children’s profiles and the matching process. The training supports carers to understand how matching decisions are made and their role in promoting stability and positive placement outcomes.

Learning outcomes

The training will support newly approved foster carers to feel prepared and confident when accepting and starting placements.

By the end of the course participants will have:

- An understanding of placement preparation and expectations
- Increased confidence in reading and understanding children’s profiles
- Insight into the matching process and decision-making
- Awareness of how to ask questions and share information appropriately
- Greater confidence in supporting stable and well-matched placements

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 6: Placements are carefully matched and well supported
- NMS 15: Foster carers are prepared and trained for their role

Oral Health Promotion / Trainer: Nicola Ramnarine

Date: 5 June

Time: 10am - 12pm

Venue: Online

Duration: 2 hours

Overview of training

This training focuses on promoting good oral health for children and young people in foster care. It explores why oral health is particularly important for looked-after children and the role foster carers play in supporting healthy routines, prevention and access to dental services. The session provides practical guidance to help carers support children's wellbeing and confidence through good oral hygiene.

Learning outcomes

The training will support foster carers to understand their role in promoting oral health and embedding positive routines in everyday care.

By the end of the course participants will have:

- An understanding of the importance of oral health for children and young people
- Increased awareness of oral health inequalities for looked-after children
- Practical strategies to promote good oral hygiene routines
- Knowledge of how to support access to dental services
- Confidence in encouraging positive health habits in a supportive way

Training, Support and Development Standards (TSDS)

- Standard 3: Understand health and healthy care
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 3: Children's health and wellbeing needs are met
- NMS 6: Children receive appropriate healthcare
- NMS 15: Foster carers receive relevant training and support

Reversing the Harm – Responding to Children Who May Have Been Sexually Abused / Trainer: KCA

Date: 9 June
Time: 10am - 2pm
Venue: Crowndale
Duration: 4 hours

Overview of training

This training supports foster carers to understand the impact of sexual abuse on children and young people and how this may affect behaviour, emotions and relationships. It focuses on trauma-informed responses, helping carers to provide safe, sensitive and supportive care while working appropriately with professionals. The training emphasises safeguarding, boundaries and the importance of stability and trust.

Learning outcomes

The training will support foster carers to respond confidently, safely and compassionately to children who may have experienced sexual abuse.

By the end of the course participants will have:

- An understanding of the impact of sexual abuse on children and young people
- Increased awareness of signs and indicators of harm
- Confidence in responding in a trauma-informed and supportive way
- Understanding of safeguarding responsibilities and professional roles
- Practical strategies to promote safety, trust and emotional wellbeing

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand the development of children and young people
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 4: Children receive safe, nurturing care
- NMS 11: Children are protected from harm and abuse
- NMS 15: Foster carers receive safeguarding training and support

Paediatric First Aid (2 Days) / Trainer: Juan Rangel

Date: 16 - 17 June

Time: 10am – 13:30pm

Venue: Crowndale

Duration: 7 hours (over two sessions)

Overview of training

This practical training equips foster carers with essential paediatric first aid knowledge and skills. It covers how to respond to common childhood illnesses, injuries and emergencies, ensuring carers are prepared to act confidently and appropriately to keep children and young people safe.

Learning outcomes

The training will ensure foster carers are equipped with the skills and confidence to respond to medical emergencies.

By the end of the course participants will have:

- Knowledge of essential paediatric first aid procedures
- Confidence in responding to accidents and medical emergencies
- Understanding of how to assess risk and respond appropriately
- Awareness of responsibilities around health and safety
- Practical experience in applying first aid techniques

Training, Support and Development Standards (TSDS)

- Standard 3: Understand health and safety, and healthy care
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 6: Children's health needs are met
- NMS 10: Foster carers understand health and safety responsibilities
- NMS 15: Foster carers are trained to meet children's needs

Emotional Significance of Food (11 Spaces) / Trainer:

Jonathan Epps

Date: 23 June

Time: 9:45am - 2pm

Venue: Zoom

Duration: 4 hours 15 minutes

Overview of training

This training explores the emotional, relational and psychological significance of food for children and young people. It considers how food can be linked to trauma, attachment, control and comfort, and how foster carers can respond sensitively to food-related behaviours. The session supports carers to promote healthy, nurturing and emotionally informed approaches to food and mealtimes.

Learning outcomes

The training will help foster carers understand food-related behaviours and respond in a supportive, trauma-informed way.

By the end of the course participants will have:

- Insight into the emotional meaning of food for children in care
- Understanding of how trauma and attachment can affect eating behaviours
- Practical strategies for managing food-related challenges
- Increased confidence in creating safe and nurturing mealtime routines
- Awareness of how food can support connection and regulation

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 3: Understand health and healthy care
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 3: Children's health and wellbeing needs are promoted
- NMS 4: Children experience nurturing care
- NMS 15: Foster carers receive appropriate training and development

Fostering Induction Group Programme (Newly Approved Carers) – TSDS & Logs / Trainer: Recruitment Team

Date: 25 June
Time: 10:30am - 12:30pm
Venue: Crowndale
Duration: 2 hours

Overview of training

This session forms part of the Fostering Induction Group Programme for newly approved carers. It focuses on understanding the Training, Support and Development Standards (TSDS) and the importance of maintaining accurate fostering logs. The training supports carers to evidence their learning and practice effectively and understand expectations during their first year of fostering.

Learning outcomes

The training will support newly approved foster carers to confidently complete TSDS requirements and maintain clear, reflective records.

By the end of the course participants will have:

- An understanding of the TSDS framework and requirements
- Clarity about the purpose and importance of fostering logs
- Confidence in recording information clearly and appropriately
- Awareness of how logs support safeguarding and care planning
- Understanding of how evidence supports learning and development

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 25: Records are accurate, up to date and securely maintained
- NMS 15: Foster carers are prepared, trained and supported

Trauma – Mending Hurts / Trainer: KCA**Date:** 1 July**Time:** 10am - 2pm**Venue:** Crowndale**Duration:** 4 hours**Overview of training**

This training focuses on understanding trauma and its impact on children and young people in foster care. It explores how traumatic experiences can affect brain development, behaviour, emotions and relationships. Foster carers will be supported to understand trauma responses and to use nurturing, trauma-informed approaches that help children feel safe and supported as they begin to heal.

Learning outcomes

The training will support foster carers to develop trauma-informed understanding and practice.

By the end of the course participants will have:

- An understanding of trauma and how it affects children and young people
- Insight into trauma-related behaviours and emotional responses
- Increased confidence in responding in a calm, supportive and therapeutic way
- Practical strategies to promote safety, trust and emotional regulation
- An understanding of the foster carer's role in supporting recovery and resilience

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand the development of children and young people
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 4: Children experience nurturing, stable and secure care
- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers receive effective training and development

Secondary Traumatic Stress – Mindfulness and Other Strategies for Looking After Yourself / Trainer: Jonathan

Epps

Date: 8 July

Time: 9:45am - 2pm

Venue: Zoom

Duration: 4 hours 15 minutes

Overview of training

This training focuses on secondary traumatic stress and the emotional impact of fostering on carers. It explores how caring for children who have experienced trauma can affect foster carers' wellbeing and resilience. The session introduces mindfulness and other practical self-care strategies to help carers recognise stress, maintain emotional health and sustain their fostering role.

Learning outcomes

The training will support foster carers to recognise and manage the emotional demands of fostering.

By the end of the course participants will have:

- An understanding of secondary traumatic stress and its impact
- Increased awareness of signs of stress and burnout
- Practical mindfulness and self-care strategies
- Confidence in prioritising wellbeing alongside caring responsibilities
- Tools to support resilience and longterm sustainability in fostering

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 2: Understand your role as a foster carer
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 15: Foster carers are supported through training and development
- NMS 21: Foster carers receive support to sustain their role

Family Led Decision Making / Trainer: Rob O'Grady**Date:** 8 July**Time:** 11am - 12:30pm**Venue:** Crowndale**Duration:** 1.5 hours**Overview of training**

This training introduces the principles of family-led decision making and the importance of involving families and networks in planning for children and young people. It explores how collaborative approaches can support better outcomes, stability and a sense of belonging, and the role foster carers play in supporting inclusive, child-centred decision making.

Learning outcomes

The training will support foster carers to understand and contribute to family-led approaches.

By the end of the course participants will have:

- An understanding of family-led decision making principles
- Insight into the benefits of involving families and networks
- Increased confidence in contributing to collaborative planning
- Awareness of the foster carer's role within decision-making processes
- Understanding of child-centred and strengths-based approaches

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 2: Understand your role as a foster carer
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 1: Children's wishes and feelings are considered
- NMS 9: Children are supported to maintain family relationships
- NMS 15: Foster carers receive appropriate training

How to Be a Better Corporate Parent to Our Black and Mixed Heritage Children / Trainer: Replenish Culture

Date: 10 July

Time: 10am – 2:30pm

Venue: Crowndale

Duration: 4.5 hours

Overview of training

This training focuses on improving outcomes for Black and Mixed Heritage children in care by strengthening understanding of identity, culture, lived experience and systemic inequalities. It supports foster carers to reflect on their role as corporate parents and to develop culturally informed, respectful and anti-racist practice that promotes identity, belonging and positive outcomes.

Learning outcomes

The training will support foster carers to provide culturally responsive and reflective care.

By the end of the course participants will have:

- Increased understanding of identity and lived experiences of Black and Mixed Heritage children
- Insight into the role of corporate parenting in promoting equity
- Confidence in supporting children's cultural identity and belonging
- Awareness of how bias and inequality can impact children's experiences
- Practical strategies to promote inclusive and affirming care

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand the development of children and young people
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 2: Children's identity, culture and heritage are promoted
- NMS 4: Children experience respectful, inclusive care
- NMS 15: Foster carers receive appropriate training

Safer Care and Managing Allegations (2 days)

/ Trainer: Sandra Witter

Date: 20 - 21 July

Time: 10am -2pm

Venue: Crowndale

Duration: 8 hours (over two days)

Overview of training

This two-day training focuses on safer caring practice and managing allegations. It supports foster carers to understand risks, boundaries and safeguarding responsibilities, while promoting safe and confident care. The training explores how safer caring plans protect children, carers and fostering households and provides guidance on responding appropriately to concerns or allegations.

Learning outcomes

The training will strengthen foster carers' confidence in safeguarding and safer caring practice.

By the end of the course participants will have:

- An understanding of safer caring principles and planning
- Awareness of risks and safeguarding responsibilities
- Confidence in managing boundaries and professional practice
- Understanding of procedures for responding to allegations
- Knowledge of support available to carers

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 11: Children are protected from harm
- NMS 22: Allegations are managed appropriately
- NMS 15: Foster carers are trained and supported

Fostering Induction Group Programme (newly approved carers) –Safer Caring, Working with CLA, CIN & Professional Networks / Trainer: Recruitment Team

Date: 23 July

Time: 10:30am - 12:30pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This induction session supports newly approved carers to understand safer caring, the looked-after children (CLA) framework, children in need (CIN) processes and professional networks. It provides clarity on roles, responsibilities and partnership working to support safe and effective fostering practice.

By the end of the course participants will have:

- An understanding of safer caring responsibilities
- Awareness of CLA and CIN frameworks
- Confidence in working with professionals and networks
- Understanding of information-sharing and safeguarding
- Clarity about the foster carer's role within multi-agency practice

TSDS

- Standards 1, 2, 6 and 7

NMS

- NMS 10, 11 and 15

Fostering Induction Group Programme (newly approved carers) – Finance, Foster Carer Profiles, Contact & Working with Birth Families

/ Trainer: Recruitment Team

Date: 27 August

Time: 10:30am - 12:30pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This session introduces newly approved carers to key practical and relational aspects of fostering, including finance, foster carer profiles, supporting contact and working constructively with birth families. The training promotes partnership working and child-centred practice.

By the end of the course participants will have:

- An understanding of foster carer payments and finance
- Clarity on foster carer profiles and matching
- Insight into supporting contact arrangements
- Confidence in working respectfully with birth families
- Understanding of the importance of partnership working

TSDS

- Standards 1, 2 and 7

NMS

- NMS 9, 14 and 15

Paediatric First Aid (2 days) / Trainer: Juan Rangel

Date: 1 - 2 September

Time: 10am - 1:30pm

Venue: Crowndale

Duration: 2 days

Overview of training

This two-day Paediatric First Aid course equips foster carers with the essential knowledge, skills and confidence to respond effectively to medical emergencies involving babies, children and young people. The training focuses on recognising life-threatening conditions, responding to common childhood injuries and illnesses, and maintaining children's safety and wellbeing until professional medical help is available.

Learning outcomes

- Understanding roles and responsibilities when providing first aid to children
- Ability to assess emergency situations and respond appropriately
- Practical skills in paediatric emergency first aid
- Increased awareness of health, safety and safeguarding responsibilities

By the end of the course participants will have:

- Demonstrated knowledge of paediatric first aid procedures
- Developed confidence responding to emergencies involving children
- Evidence contributing towards TSDS and NMS requirements

TSDS

- Standard 3 – Health and safety
- Standard 6 – Safeguarding

NMS

- Standard 6 – Promoting good health
- Standard 20 – Learning and development

Emergency First Aid (2 days) / Trainer: Juan Rangel

Date: 3 - 4 September

Time: 10am – 1:30pm

Venue: Crowndale

Duration: 2 days

Overview of training

This two-day Emergency First Aid course supports foster carers to develop the skills and confidence required to respond to medical emergencies involving children and young people, focusing on immediate response and risk management until professional support arrives.

Learning outcomes

- Understanding emergency response responsibilities
- Ability to assess and manage emergency situations
- Increased awareness of safeguarding and health responsibilities

By the end of the course participants will have:

- Practical competence in emergency first aid
- Improved confidence responding to critical incidents
- Evidence contributing to TSDS and NMS standards

TSDS

- Standard 3 – Health and safety
- Standard 6 – Safeguarding

NMS

- Standard 6 – Promoting good health
- Standard 20 – Learning and development

Foster Carer Training – Participation / Trainer: Rob O’Grady

Date: 8 September

Time: 10am – 11:30am

Venue: Online

Duration: 1.5 hours

Overview of training

This training explores participation as a fundamental principle of fostering, supporting carers to ensure children and young people are actively involved in decisions that affect their lives.

Learning outcomes

- Understanding children’s rights and participation
- Awareness of the foster carer’s role in promoting voice and choice

By the end of the course participants will have:

- Increased confidence supporting meaningful participation
- Practical strategies to involve children in decision-making

TSDS

- Standard 1 – Principles and values of care

NMS

- Standard 2 – Promoting positive outcomes

Promoting Positive Mental Health in Foster Children and Young People / Trainer: Growing With You

Date: 8 September

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This course supports foster carers to understand emotional wellbeing and mental health, enabling them to recognise early signs of distress and provide nurturing, supportive care.

Learning outcomes

- Understanding mental health needs in looked after children
- Ability to promote emotional wellbeing and resilience

By the end of the course participants will have:

- Increased confidence supporting children's mental health
- Strategies to promote emotional stability

TSDS

- Standard 4 – Child development
- Standard 6 – Safeguarding

NMS

- Standard 6 – Health and wellbeing

Parent and Child Fostering / Trainer: Paul Adams

Date: 15 September

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training prepares carers to support parent and child placements, focusing on assessment, safeguarding and promoting positive parenting capacity.

Learning outcomes

- Understanding the purpose of parent and child fostering
- Awareness of safeguarding and assessment responsibilities

By the end of the course participants will have:

- Increased confidence managing parent and child placements
- Understanding of professional and regulatory expectations

TSDS

- Standard 5 – Communication
- Standard 6 – Safeguarding

NMS

- Standard 30 – Family placements

Fostering Induction Group Programme – Placement Preparation, Children’s Profiles and Match With You

/ Trainer: Recruitment Team

Date: 24 September

Time: 10:30am – 12:30pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This induction session supports newly approved foster carers to understand placement preparation, children’s profiles and the matching process.

Learning outcomes

- Understanding placement preparation
- Awareness of matching principles

By the end of the course participants will have:

- Increased confidence preparing for placements
- Clear understanding of the matching process

TSDS

- Standard 1 – Principles of care

NMS

- Standard 10 – Matching and placement

County Lines & Child Sexual Exploitation (CSE)

/ Trainer: Ricky Joshua

Date: 6 October

Time: 10am - 1pm

Venue: Crowndale

Duration: 3 hours

Overview of training

This training raises awareness of County Lines and Child Sexual Exploitation, supporting foster carers to recognise risks, indicators and safeguarding responses.

Learning outcomes

- Understanding exploitation and grooming
- Awareness of safeguarding pathways

By the end of the course participants will have:

- Increased confidence identifying risk
- Clear understanding of reporting responsibilities

TSDS

- Standard 6 – Safeguarding

NMS

- Standard 4 – Safeguarding children

Making Sense of Autism

Trainer: Autism Education Trust

Date: 15 October

Time: 7 - 9pm

Venue: Online

Duration: 2 hours

Overview of training

This course supports carers to develop understanding of autism, sensory needs and communication differences.

Learning outcomes

- Understanding autism spectrum conditions
- Awareness of sensory and communication needs

By the end of the course participants will have:

- Increased confidence supporting autistic children
- Practical strategies for inclusive care

TSDS

- Standard 4 – Child development

NMS

- Standard 2 – Promoting positive outcomes

The Attachment and Relationship-Based Practice Training / Trainer: David Shemmings

Date: 19 October
Time: 10am - 2pm
Venue: Crowndale
Duration: 4 hours

Overview of training

This course explores attachment theory and trauma-informed practice, supporting carers to build safe, trusting relationships.

Learning outcomes

- Understanding attachment and trauma
- Skills to support emotional regulation

By the end of the course participants will have:

- Tools to support recovery and stability
- Increased confidence in relational care

TSDS

- Standard 4 – Development

NMS

- Standard 2 – Promoting wellbeing

Child Protection – The Safeguarding Role of Foster Carers / Trainer: Jonathan Epps

Date: 21 October

Time: 9:45am – 2:00pm

Venue: Online

Duration: 4 hours

Overview of training

This essential safeguarding course supports foster carers to understand their statutory responsibilities in protecting children from harm.

Learning outcomes

- Understanding safeguarding duties
- Awareness of signs of abuse and neglect

By the end of the course participants will have:

- Increased confidence managing safeguarding concerns
- Clear understanding of reporting procedures

TSDS

- Standard 6 – Safeguarding

NMS

- Standard 4 – Safeguarding children

Fostering Induction Group Programme (newly approved carers) – TSDS & Logs / Trainer: Recruitment Team

Date: 22 October

Time: 10:30am – 12:30am

Venue: Crowndale

Duration: 2 hours

Overview of training

This session forms part of the Fostering Induction Group Programme for newly approved carers. It focuses on understanding the Training, Support and Development Standards (TSDS) and the importance of maintaining accurate fostering logs. The training supports carers to evidence their learning and practice effectively and understand expectations during their first year of fostering.

Learning outcomes

The training will support newly approved foster carers to confidently complete TSDS requirements and maintain clear, reflective records.

By the end of the course participants will have:

- An understanding of the TSDS framework and requirements
- Clarity about the purpose and importance of fostering logs
- Confidence in recording information clearly and appropriately
- Awareness of how logs support safeguarding and care planning
- Understanding of how evidence supports learning and development

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 25: Records are accurate, up to date and securely maintained
- NMS 15: Foster carers are prepared, trained and supported

Getting Ready for School & Emotionally Based School Avoidance / Trainer: Leonie Holt & Sam Denham

Date: 26 October

Time: 10am – 12pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This course supports carers to promote school readiness, attendance and emotional wellbeing.

Learning outcomes

- Understanding school avoidance
- Strategies to promote attendance

TSDS

- Standard 4 – Development

NMS

- Standard 8 – Education

Play in the Early Years – Autism

/ Trainer: Autism Education Trust

Date: 5 November

Time: 7 - 9pm

Venue: Online

Duration: 2 hours

Overview of training

This course explores the importance of play for autistic children in the early years.

TSDS

- Standard 4 – Development

NMS

- Standard 2 – Positive outcomes

Understanding Substance Misuse / Trainer: Alice Lee

Date: 5 November

Time: 10:30am - 1pm

Venue: Crowndale

Duration: 2.5 hours

Overview of training

This training provides foster carers with an overview of substance misuse and its impact on children, young people and families. It explores different substances, patterns of use, and how substance misuse can affect parenting capacity, attachment, behaviour and emotional wellbeing. The course supports carers to respond with understanding, boundaries and appropriate support.

Learning outcomes

The training will build foster carers' confidence and knowledge in understanding substance misuse and its impact on children in care.

By the end of the course participants will have:

- An understanding of different types of substance misuse
- Insight into the impact of substance misuse on children and families
- Awareness of risk factors and safeguarding considerations
- Increased confidence in responding to substance-related behaviours
- Knowledge of support pathways and professional roles

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 11: Children are protected from harm and unsafe situations
- NMS 15: Foster carers are trained and supported to fulfil their role

Recording and Sharing Information

/ Trainer: Fostering Team

Date: 10th November

Time: 10:00 – 12:30

Venue: Crowndale

Duration: 2.5 hours

Overview of training

This training supports foster carers to understand the importance of accurate, timely and appropriate recording and information sharing. It explores what should be recorded, how information is shared safely, and how good recording supports children's care, safeguarding and professional decision-making.

Learning outcomes

The training will build foster carers' confidence and understanding of their responsibilities around recording and sharing information.

By the end of the course participants will have:

- An understanding of why recording is essential in fostering
- Knowledge of what information should be recorded and shared
- Awareness of confidentiality and data protection principles
- Increased confidence in writing clear, objective records
- Insight into how records support safeguarding and care planning

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 11: Children are protected from harm and unsafe situations
- NMS 15: Foster carers are trained and supported to fulfil their role

Emotion Coaching (Managing Challenging Behaviour)

/ Trainer: KCA

Date: 12 November

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training introduces foster carers to emotion coaching as a practical, relationship-based approach to managing challenging behaviour. It focuses on understanding children's emotions, supporting regulation, and strengthening attachment through consistent and empathetic responses.

Learning outcomes

The training will build carers' confidence in responding to children's emotional and behavioural needs.

By the end of the course participants will have:

- An understanding of the principles of emotion coaching
- Insight into the link between behaviour and emotions
- Practical strategies for responding to challenging behaviour
- Increased confidence in supporting emotional regulation
- Tools to strengthen relationships and attachment

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand health and wellbeing
- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Food, Cookery & Identity / Trainer: Replenish Culture

Date: 20 November

Time: 10am- 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training explores the relationship between food, culture and identity for children and young people in care. It supports foster carers to understand how food can promote belonging, cultural identity and emotional wellbeing in everyday care.

Learning outcomes

The training will support carers to feel confident in meeting children's cultural and identity-related needs through food.

By the end of the course participants will have:

- An understanding of the link between food, culture and identity
- Awareness of cultural and religious food practices
- Increased confidence in supporting children's identity needs
- Practical ideas for inclusive and respectful care
- Insight into identity-affirming fostering practice

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand health and wellbeing
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Safeguarding & LADO / Trainers: Jacqui Fearon & Adriana Ferdean

Date: 21 November
Time: 9:45am – 2pm
Venue: Crowndale
Duration: 4 hours

Overview of training

This essential Safeguarding & LADO training supports foster carers to understand their statutory responsibilities in protecting children and young people from harm. The course provides a clear overview of safeguarding principles, signs and indicators of abuse and neglect, and the roles and responsibilities of foster carers within multi-agency safeguarding arrangements.

The training includes a focus on the Local Authority Designated Officer (LADO) process, helping carers to understand how concerns about adults who work with children are managed, and the importance of safe practice, professional boundaries and transparency.

This course supports foster carers to meet their safeguarding responsibilities and contributes evidence towards the Training, Support and Development Standards (TSDS) and the National Minimum Standards (NMS) for fostering services.

Learning outcomes

The training will support foster carers to develop:

- A clear understanding of safeguarding duties and responsibilities within foster care.
- Awareness of the signs and indicators of abuse, neglect and harm.
- Knowledge of how to respond appropriately to safeguarding concerns.
- Understanding of the LADO process and the importance of safe caring practice.
- Confidence in recognising, recording and sharing safeguarding concerns in line with procedures.

By the end of the course participants will have:

- Increased confidence in identifying and responding to safeguarding concerns.
- A clear understanding of reporting procedures and professional responsibilities.
- Improved awareness of how safeguarding processes protect children, carers and professionals.
- Knowledge of the role of the LADO and how allegations against adults are managed.
- Evidence to contribute towards completion of relevant TSDS outcomes and National Minimum Standards requirements.

Training, Support and Development Standards (TSDS)

- Standard 6 – Keep children and young people safe from harm

National Minimum Standards (NMS)

- Standard 4 – Safeguarding children
- Standard 20 – Learning and development of foster carers

Fostering Induction Group Programme (Newly Approved Carers) – Safer Caring, Working with CLA, CIN & Professional Networks / Trainer: Recruitment Team

Date: 26 November
Time: 10:30am - 12:30pm
Venue: Crowndale
Duration: 2 hours

Overview of training

This induction session introduces newly approved foster carers to safer caring, working with Children Looked After (CLA), Children in Need (CIN), and professional networks. It focuses on roles, responsibilities and effective partnership working.

Learning outcomes

The training will support newly approved carers to feel confident and prepared in their fostering role.

By the end of the course participants will have:

- An understanding of safer caring principles
- Awareness of working with CLA and CIN
- Insight into professional roles and expectations
- Confidence in working with multi-agency networks
- Knowledge of support available to foster carers

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 11: Children are protected from harm and unsafe situations
- NMS 15: Foster carers are trained and supported to fulfil their role

Oral Health Promotion / Trainer: Nicola Ramnarine

Date: 1 December

Time: 10:00 – 12:00

Venue: Online

Duration: 2 hours

Overview of training

This training provides foster carers with an overview of children's oral health and its importance for overall wellbeing. It explores daily oral hygiene, prevention of dental issues and how carers can promote healthy routines for children and young people.

Learning outcomes

The training will build foster carers' confidence in supporting children's oral health needs.

By the end of the course participants will have:

- An understanding of good oral health practices
- Awareness of common oral health issues
- Confidence in promoting healthy daily routines
- Knowledge of carers' role in prevention and support

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 6: Children's health needs are met
- NMS 15: Foster carers are trained and supported to fulfil their role

Paediatric First Aid / Trainer: Juan Rangel

Date: 1 - 2 December

Time: 10am – 1:30pm

Venue: Crowndale

Duration: 7 hours (over 2 days)

Overview of training

This essential training equips foster carers with the knowledge and practical skills to respond to accidents and medical emergencies involving infants and children. It focuses on emergency response, basic life support and accident prevention.

Learning outcomes

The training will build carers' confidence in responding to emergency situations.

By the end of the course participants will have:

- Practical paediatric first aid skills
- Confidence in responding to emergencies
- Knowledge of CPR and injury management
- Awareness of accident prevention in the home

Training, Support and Development Standards (TSDS)

- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 10: Children are protected from avoidable hazards
- NMS 15: Foster carers are trained and supported to fulfil their role

Autism and Anxiety / Trainer: Autism Education Trust

Date: 3 December

Time: 7 - 9pm

Venue: Online (AETHub@camden.gov.uk)

Duration: 2 hours

Overview of training

This training supports foster carers to understand the relationship between autism and anxiety. It explores how anxiety may present in autistic children and how carers can respond in ways that promote emotional safety and wellbeing.

Learning outcomes

The training will build carers' understanding of anxiety in autistic children.

By the end of the course participants will have:

- An understanding of how anxiety presents in autism
- Awareness of common triggers and stressors
- Strategies to support emotional regulation
- Increased confidence in responding to anxiety-related behaviours

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Family Led Decision Making / Trainer: Rob O'Grady

Date: 8 December

Time: 2- 3:30pm

Venue: Online

Duration: 1.5 hours

Overview of training

This training introduces foster carers to family-led decision making and the importance of involving families and support networks in planning for children. It highlights collaborative approaches that support positive outcomes.

Learning outcomes

The training will build carers' understanding of family-centred practice.

By the end of the course participants will have:

- An understanding of family-led decision making
- Awareness of the benefits of collaborative planning
- Insight into the foster carer role in decision-making
- Confidence in supporting inclusive practice

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 4: Children's wishes and feelings are taken into account
- NMS 15: Foster carers are trained and supported to fulfil their role

Understanding the Secure Base / Trainer: Fostering Team

Date: 11 January 2027

Time: 10am- 12pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This training introduces the Secure Base model and its relevance to fostering. It explores how carers can provide safety, stability and emotional security to support children's development and attachment.

Learning outcomes

The training will build carers' understanding of attachment-informed care.

By the end of the course participants will have:

- An understanding of the Secure Base model
- Insight into attachment and emotional development
- Confidence in providing safe and nurturing care
- Practical ways to support children's emotional needs

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand health and wellbeing

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported

How to Be a Better Corporate Parent to Our Black and Mixed Heritage Children / Trainer: Replenish Culture

Date: 15 January 2027

Time: 10am- 2:30pm

Venue: Crowndale

Duration: 4.5 hours

Overview of training

This training supports foster carers to reflect on their role as corporate parents to Black and Mixed Heritage children. It explores identity, culture, racism and how carers can promote belonging and positive outcomes.

Learning outcomes

The training will build carers' confidence in culturally responsive care.

By the end of the course participants will have:

- Increased understanding of identity and heritage
- Awareness of the impact of racism and discrimination
- Confidence in supporting children's cultural needs
- Insight into effective corporate parenting practice

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 1: Children know they are valued
- NMS 15: Foster carers are trained and supported to fulfil their role

Safer Care and Managing Allegations (2 days)

/ Trainer: Sandra Witter

Date: 18-19 January 2027

Time: 10am - 2pm

Venue: Crowndale

Duration: 8 hours (over 2 days)

Overview of training

This training supports foster carers to understand safer caring practice and how allegations are managed. It focuses on safeguarding children, protecting carers and responding appropriately to concerns.

Learning outcomes

The training will build carers' confidence in safer caring and safeguarding processes.

By the end of the course participants will have:

- An understanding of safer caring principles
- Awareness of how allegations are managed
- Confidence in protecting children and themselves
- Knowledge of reporting and support pathways

Training, Support and Development Standards (TSDS)

- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 11: Children are protected from harm and unsafe situations
- NMS 15: Foster carers are trained and supported to fulfil their role

Providing Placement Stability / Trainer: Fostering Team

Date: 25 January 2027
Time: 10am – 12:30pm
Venue: Crowndale
Duration: 2 hours

Overview of training

This training focuses on promoting placement stability for children in care. It explores factors that can impact stability and how carers can respond to challenges to support positive, lasting placements.

Learning outcomes

The training will strengthen carers' understanding of stability-focused care.

By the end of the course participants will have:

- An understanding of factors affecting placement stability
- Insight into children's needs and experiences
- Strategies to manage challenges and transitions
- Confidence in promoting longterm stability

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 9: Children receive stable and secure care

Fostering Induction Group Programme (Newly Approved Carers) – Finance, Foster Carer Profiles, Contact & Working with Birth Families

/ Trainer: Recruitment Team

Date: 28 January 2027

Time: 10:30am - 12:30pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This induction session supports newly approved foster carers to understand key aspects of their role, including finance, foster carer profiles, contact arrangements and working with birth families. It provides clarity on expectations and good practice.

Learning outcomes

The training will build carers' confidence in managing practical and relational aspects of fostering.

By the end of the course participants will have:

- An understanding of fostering payments and allowances
- Awareness of foster carer profiles and their purpose
- Insight into managing contact arrangements
- Confidence in working positively with birth families

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 4: Children's relationships are promoted
- NMS 15: Foster carers are trained and supported to fulfil their role

Making Sense of Autism Trainer: Autism Education Trust / Trainer xxx

Date: 4 February 2027

Time: 12 - 2pm

Venue: Online (AETHub@camden.gov.uk)

Duration: 2 hours

Overview of training

This training provides foster carers with an introduction to autism and how it may affect children's communication, behaviour and sensory experiences. It supports carers to understand children's needs and strengths.

Learning outcomes

The training will build carers' understanding of autism and confidence in providing support.

By the end of the course participants will have:

- A clearer understanding of autism
- Awareness of sensory and communication differences
- Confidence in supporting autistic children
- Practical strategies for everyday care

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Play in the Early Years – Autism

/ Trainer: Autism Education Trust

Date: 5 February 2027

Time: 12 - 2pm

Venue: Online (AETHub@camden.gov.uk)

Duration: 2 hours

Overview of training

This training explores the importance of play in supporting the development of autistic children in the early years. It focuses on communication, connection and learning through play-based approaches.

Learning outcomes

The training will support carers to use play to promote development and wellbeing.

By the end of the course participants will have:

- An understanding of play and early development
- Awareness of play differences in autism
- Practical ideas to support play at home
- Confidence in promoting early learning

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Supporting Children to Move On / Trainer: Fostering Team

Date: 9 February 2027

Time: 10am - 12pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This training supports foster carers to understand transitions and endings in fostering. It focuses on helping children move on in a planned, supportive and emotionally sensitive way.

Learning outcomes

The training will build carers' confidence in managing transitions and endings.

By the end of the course participants will have:

- Insight into children's experiences of transitions
- Strategies to support positive endings
- Confidence in managing emotional impact
- Understanding of carers' role in transition planning

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 9: Children receive stable and secure care
- NMS 15: Foster carers are trained and supported to fulfil their role

Understanding Delegated Authority / Trainer: Fostering Team

Date: 23 February 2027

Time: 10am - 12pm

Venue: Crowndale

Duration: 2 hours

Overview of training

This training explains delegated authority and how decisions are made for children in care. It supports foster carers to understand their responsibilities in everyday decision-making.

Learning outcomes

The training will build carers' confidence in using delegated authority appropriately.

By the end of the course participants will have:

- An understanding of delegated authority
- Clarity about decision-making responsibilities
- Confidence in everyday care decisions
- Awareness of when to seek guidance or consent

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 11: Children are protected from harm and unsafe situations
- NMS 15: Foster carers are trained and supported to fulfil their role

Fostering Induction Group Programme (Newly Approved Carers) – Placement Preparation, Children’s Profiles and Match With You / Trainer: Recruitment Team

Date: 25 February 2027
Time: 10:30am - 12:30pm
Venue: Crowndale
Duration: 2 hours

Overview of training

This induction session focuses on placement preparation, understanding children’s profiles and the matching process. It supports carers to feel prepared and informed before a placement begins.

Learning outcomes

The training will help carers feel confident and prepared for placements.

By the end of the course participants will have:

- An understanding of placement preparation
- Insight into children’s profiles
- Awareness of the matching process
- Confidence in preparing for new placements

Training, Support and Development Standards (TSDS)

- Standard 2: Understand your role as a foster carer
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 9: Children receive stable and secure care
- NMS 15: Foster carers are trained and supported to fulfil their role

Autism and Anxiety/ trainer / Autism Education Trust

Date: 3 March 2027
Time: 12pm - 2pm
Venue: Online (AETHub@camden.gov.uk)
Duration: 2 hours

Overview of training

This training explores the relationship between autism and anxiety. It supports foster carers to recognise signs of anxiety and respond in ways that promote emotional safety and wellbeing.

Learning outcomes

The training will strengthen carers' confidence in supporting autistic children with anxiety.

By the end of the course participants will have:

- A deeper understanding of anxiety in autism
- Awareness of common triggers and stressors
- Strategies to support emotional regulation
- Confidence in responding to anxiety-related behaviours

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 6: Understand how to keep children and young people safe

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

The Attachment and Relationship-Based Practice Training / Trainer: David Shemmings

Date: 11 March 2027

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training focuses on attachment and relationship-based practice in fostering. It supports carers to understand how relationships, attunement and connection underpin children's emotional wellbeing and development.

Learning outcomes

The training will build carers' confidence in attachment-informed practice.

By the end of the course participants will have:

- An understanding of attachment theory
- Insight into relationship-based care
- Confidence in responding to emotional needs
- Practical strategies to strengthen relationships

Training, Support and Development Standards (TSDS)

- Standard 1: Understand the principles and values essential for fostering
- Standard 4: Understand health and wellbeing

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Promoting Positive Mental Health in Foster Children and Young People / Trainer: Growing With You

Date: 15 March 2027

Time: 10am - 2pm

Venue: Crowndale

Duration: 4 hours

Overview of training

This training supports foster carers to promote positive mental health in children and young people. It explores emotional wellbeing, resilience and practical strategies to support mental health in everyday care.

Learning outcomes

The training will build carers' confidence in supporting children's mental health.

By the end of the course participants will have:

- An understanding of children's mental health needs
- Awareness of factors affecting emotional wellbeing
- Strategies to promote resilience and wellbeing
- Confidence in supporting children and young people

Training, Support and Development Standards (TSDS)

- Standard 4: Understand health and wellbeing
- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 8: Children's emotional and mental health needs are supported
- NMS 15: Foster carers are trained and supported to fulfil their role

Fostering Induction Group Programme (Newly Approved Carers) – TSDS & Logs / Trainer: Recruitment Team

Date: 25 March 2027
Time: 10:30am - 12:30pm
Venue: Crowndale
Duration: 2 hours

Overview of training

This induction session introduces newly approved foster carers to the Training, Support and Development Standards (TSDS) and recording logs. It supports carers to understand expectations and evidence their learning.

Learning outcomes

The training will help carers feel confident in completing TSDS and logs.

By the end of the course participants will have:

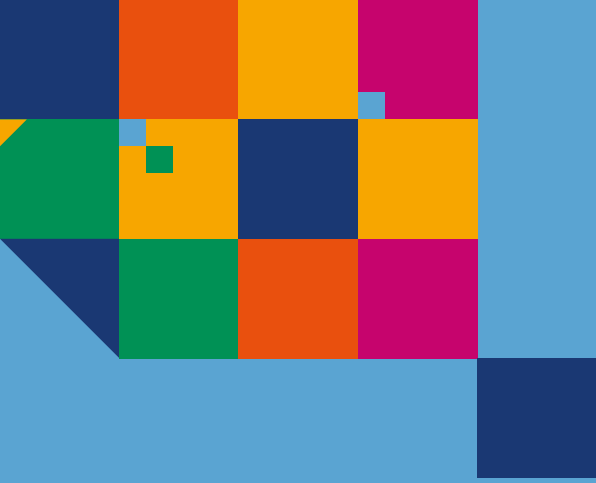
- An understanding of TSDS requirements
- Awareness of recording and log expectations
- Confidence in evidencing learning and development
- Knowledge of available support and guidance

Training, Support and Development Standards (TSDS)

- Standard 7: Develop yourself

National Minimum Standards (NMS)

- NMS 15: Foster carers are trained and supported to fulfil their role



**Family, Friends and Fostering
Camden Council
5 Pancras Square
N1C 4AG
T: 020 7974 1965**